Currents Status and Prospects of Autologous Bone Marrow Cell Infusion Therapy for Liver Cirrhosis Patients

Shuji Terai

Department of Gastroenterology & Hepatology, Yamaguchi University Graduate School of Medicine, 1-1-1 Minami-Kogushi, Ube, Yamaguchi 755-8505, Japan (Received September 22, 2008)

Abstract We developed a novel cell therapy (ABM*i* therapy) using autologous bone marrow cells for liver cirrhosis patients. Our study depends on the findings from basic studies using GFP/CCl4 models. Beginning in November 2003, we started clinical trials of ABM*i* therapy and found it to be safe and effective for liver cirrhosis patients. Multicenter trials in Japan and Korea have also shown the effectiveness of ABM*i* therapy. In this review, we discuss translational research for the development of ABM*i* therapy for liver cirrhosis patients.

Key words: ABM*i* therapy, bone marrow cell, regeneration, cell therapy, liver cirrhosis

Introduction

We began clinical trials of autologous bone marrow cell infusion (ABM*i*) therapy for liver cirrhosis (LC) patients in November 2003. We then conducted a multi-center trial in Japan, in collaboration with a Korean group.¹⁾²⁾ We have now performed ABM*i* therapy in 23 LC patients, and have confirmed the safety and effectiveness of ABM*i* therapy. In this review, we discuss the current status and future prospects of ABM*i* therapy.

Basic study for development of ABMi therapy

Stem cells have been identified in human bone marrow (BM).³⁾⁴⁾ Thus, BM is considered to be a novel source of cells for liver regenerative studies.⁵⁾ We subsequently developed a GFP/CCl4 model that monitors the differentiation of bone marrow cells (BMC) into hepatocytes in CCl4-induced liver damage.⁶⁾ In this GFP/CCl4 model, we found that BMC infusion is effective for improving liver damage (1. Liver function; 2. Liver fibrosis; 3. Survival rate) (Fig. 1). Infused BMC expressed matrix metalloproteinase (MMP9) and migrated into damaged areas.⁷⁾

Findings from GFP/CCI4 model



GFP/CCl4 model.

Finally, BMC infusion improved liver fibrosis and the liver microenvironment in cirrhotic mice.⁸⁾ On the other hand, cell fusion is an important mechanism to explain the differentiation of BMC into hepatocytes. The phenomenon of cell fusion is important to consider in the differentiation mechanism of BMC.⁹⁾¹⁰⁾ The karyotype of liver is known to be 2 N, 4 N, 8 N and 16 N. The significance of changes in liver karyotype require further analysis With regard to the differentiation of hepatocytes from stem cells, Epithelial Cell Adhesion Molecule (EPCAM) was identified as a marker of hepatic stem cells.¹¹⁾ However,

Abbreviations: CCl₄: carbon tetrachloride; GFP: green fluorescent protein; BMI: bone marrow cell infusion; ABM*i*: autologous bone marrow cell infusion; EGFP: enhanced-GFP; MMP: matrix metalloproteinase; LC: liver cirrhosis; EPCAM: Epithelial Cell Adhesion Molecule; MNC: mononuclear cell; FACS: fluorescent-activated cell sorter; MMP9: matrix metalloproteinase 9

the lineage commitment of hepatocytes is not fully understood. The effects of stem cells on liver fibrosis were also analyzed by another group.¹²⁾¹³⁾ Bone marrow cell infusion and mesemchyamal stem cell infusion were found to improve liver fibrosis in another mouse model. Based on these studies, bone marrow cell infusion appears to improve the microenvironment in the cirrhotic liver.⁸⁾ This reparative mechanism was important for development of ABM*i* therapy for LC patients.

Clinical study: ABMi therapy for LC patients

We started a clinical trial on ABMi therapy for LC patients in November 2003 (Fig. 2). Subjects were LC patients with total bilirubin (TB) <3.0 mg/dL, platelets (Plt) >5 (10¹⁰/L) and no viable hepatocellular carcinoma on diagnostic imaging. Autologous bone marrow (400 mL) was isolated from the ilium under general anesthesia. Mononuclear cells (MNC) were separated by cell washing and were infused via the peripheral vein. MNC characteristics were confirmed by fluorescenceactivated cell sorter (FACS) analysis (CD34, CD45, c-kit). After ABM*i* therapy, liver function was monitored by blood examination for 24 weeks. From 400 mL of BM, we obtained MNC, and these were infused into LC patients. We then monitored liver function using ultra-sonography, computed tomography (CT) and laboratory tests.

Significant improvements in serum albumin levels and total protein were seen at 24 weeks after ABM*i* therapy (P < 0.05). Child-Pugh score improved significantly at 4 weeks and 24 weeks after ABM*i* therapy (P < 0.05). In addition, AFP and PCNA expression in liver biopsy tissue was significantly elevated after ABM*i* therapy (P < 0.05). No severe adverse effects were observed.¹⁾

A multicenter trial of ABM*i* therapy in Japan was also carried out at Yamagata University beginning in February 2006. At Yonsei University in Korea, the Yamaguchi-Yonsei collaboration study for ABM*i* therapy started in November 2006 (Fig. 2). In these studies, the safety and effectiveness of ABM*i* therapy were confirmed. In India and Brazil, cell therapy using BMC for LC patient has also been studied, and its effectiveness has been confirmed.¹⁴⁾



Fig. 2 Time line of translational research for ABM*i* therapy.

Future prospects

Based on previous clinical studies, we found that cell therapy using autologous bone marrow cell is safe and effective for LC patients.¹⁾²⁾ Recently, in Iran, a similar study was performed and the effectiveness of cell therapy using BMC was also confirmed.¹⁵⁾¹⁶⁾ Although the mechanisms of stem cell differentiation within the human liver remain unclear, therapy using BMC has great potential for LC patients. A randomized multi-center clinical study is now needed for further application of ABM*i* therapy in LC patients.

Acknowledgments

This study was supported by Grants-in-Aid for Scientific Research from the Japan Society for the Promotion of Science, and for Translational Research from the Ministry of Health, Labour and Welfare (H-trans-5 and H17-Special-015) and the Knowledge Cluster Initiative.

References

- Terai, S., Ishikawa, T., Omori, K., Aoyama, K., Marumoto, Y., Urata, Y., Yokoyama, Y., Uchida, K., Yamasaki, T., Fujii, Y., Okita, K. and Sakaida, I.: Improved liver function in patients with liver cirrhosis after autologous bone marrow cell infusion therapy. *Stem Cells*, 24 : 2292-2298, 2006.
- 2) Terai, S., Marumoto,Y., Ishikawa, T., Aoyama, K., Omori, K., Yamamoto, N.,

Sakaida, I., Nishina, H., Okumoto, K., Saitou, T., Kawata, S. and Okita, K.: LRCT Study: ABMI therapy for LC patient (in Japanese). *Saiseiiryou*, **5** : 79-87 2006.

- 3) Alison, M.R., Poulsom, R., Jeffery, R., Dhillon, A.P., Quaglia, A., Jacob, J., Novelli, M., Prentice, G., Williamson, J. and Wright, N.A.: Hepatocytes from nonhepatic adult stem cells. *Nature*, 406: 257, 2000.
- 4) Theise, N.D., Nimmakayalu, M., Gardner, R., Illei, P.B., Morgan, G., Teperman, L., Henegariu, O. and Krause, D.S.: Liver from bone marrow in humans. *Hepatology*, 23 : 11-16, 2000.
- 5) Terai, S., Yamamoto, N., Omori, K., Sakaida, I. and Okita, K.: A new cell therapy using bone marrow cells to repair damaged liver. J. Gastroenterol., 37 (Suppl 14): 162S-163S, 2002.
- 6) Terai, S., Sakaida, I., Yamamoto, N., Omori, K., Watanabe, T., Ohata, S., Katada, T., Miyamoto, K., Shinoda, K., Nishina, H. and Okita, K.: An in vivo model for monitoring trans-differentiation of bone marrow cells into functional hepatocytes. J. Biochem (Tokyo)., 134: 551-558, 2003.
- 7) Sakaida, I., Terai, S., Yamamoto, N., Aoyama, K., Ishikawa, T., Nishina, H. and Okita, K.: Transplantation of bone marrow cells reduces CCl4-induced liver fibrosis in mice. *Hepatology*, **40** : 1304-1311, 2004.
- 8) Terai, S., Sakaida, I., Nishina, H. and Okita, K.: Lesson from the GFP/CCl4 model--translational research project: the development of cell therapy using autologous bone marrow cells in patients with liver cirrhosis. J. Hepatobiliary Pancreat. Surg., **12**: 203-207, 2005.
- 9) Lagasse, E., Connors, H., Al-Dhalimy, M., Reitsma, M., Dohse, M., Osborne, L., Wang, X., Finegold, M., Weissman, I.L. and Grompe, M.: Purified hematopoietic stem cells can differentiate into hepatocytes in vivo. *Nat. Med.*, 6: 1229-1234, 2000.
- 10) Vassilopoulos, G., Wang, P.R. and Rus-

sell, D.W.: Transplanted bone marrow regenerates liver by cell fusion. *Nature*, **422** : 901-904, 2003.

- Yovchev, M.I., Grozdanov, P.N., Zhou, H., Racherla, H., Guha, C. and Dabeva, M.D.: Identification of adult hepatic progenitor cells capable of repopulating injured rat liver. *Hepatology*, 47: 636-647, 2008.
- 12) Higashiyama, R., Inagaki, Y., Hong, Y.Y., Kushida, M., Nakao, S., Niioka, M., Watanabe, T., Okano, H., Matsuzaki, Y., Shiota, G. and Okazaki, I.: Bone marrow-derived cells express matrix metalloproteinases and contribute to regression of liver fibrosis in mice. *Hepatology*, 45: 213-222, 2007.
- Oyagi, S., Hirose, M., Kojima, M., Okuyama, M., Kawase, M., Nakamura, T., Ohgushi, H. and Yagi, K.: Therapeutic effect of transplanting HGF-treated bone marrow mesenchymal cells into CCl4-injured rats. J. Hepatol., 44: 742-748, 2006.
- 14) Lyra, A.C., Soares, M.B., da Silva, L.F., Fortes, M.F., Silva, A.G., Mota, A.C., Oliveira, S.A., Braga, E.L., de Carvalho, W.A., Genser, B., dos Santos, R.R. and Lyra, L.G.: Feasibility and safety of autologous bone marrow mononuclear cell transplantation in patients with advanced chronic liver disease. World J. Gastroenterol., 13: 1067-1073, 2007.
- 15) Mohamadnejad, M., Alimoghaddam, K., Mohyeddin-Bonab, M., Bagheri, M., Bashtar, M., Ghanaati, H., Baharvand, H., Ghavamzadeh, A. and Malekzadeh, R.: Phase 1 trial of autologous bone marrow mesenchymal stem cell transplantation in patients with decompensated liver cirrhosis. Arch. Iran. Med., 10: 459-466, 2007.
- 16) Mohamadnejad, M., Namiri, M., Bagheri, M., Hashemi, S.M., Ghanaati, H., Zare Mehrjardi, N., Kazemi Ashtiani, S., Malekzadeh, R. and Baharvand, H.: Phase 1 human trial of autologous bone marrow-hematopoietic stem cell transplantation in patients with decompensated cirrhosis. World J. Gastroenterol., 13: 3359-3363, 2007.