

CHANGES IN THE AMOUNT OF MYELOCYTES IN THE THYMUS DURING ITS ACCIDENTAL INVOLUTION IN YOUNG RABBITS*

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The presence of myelocytes in relative large numbers in the thymus of some mammals (mouse, rat guinea-pig, rabbit and man) has been described many times (Maximow, 1909; Weidenreich, 1912; Weill, 1913; Shiraki, 1934; Downey, 1948; and others), but there is no agreement on the origin and significance of these cells. Maximow, Weidenreich and Downey claim that the myelocytes are derived from the thymic lymphocytes, whereas Hart (1912) and Fulci (1913) believe the blood or connective tissue to be the most likely source.

Recently Ōmura and Yamasowa (1952) in this laboratory made a quantitative study on the age variations in the amount of thymic myelocytes in normal rabbits and guinea-pigs from birth up to old age. They have demonstrated that the myelocytes in the thymus occur as a remnant of embryonal hematopoiesis and participate in granulocytopoiesis in postnatal life, and that their number per unit area of the parenchyma in sections increases with thymic growth, parallel to the rise of the hematopoietic activities of the bone marrow. On the basis of these findings it is concluded that the granulocytopoiesis of the thymus is a phenomenon clearly distinguishable from the so-called extramedullary hematopoiesis which represents a compensatory mechanism for insufficient marrow functions.

Further studies by these investigators revealed that in the rabbit thymus the number of myelocytes was much increased during the early period of age involution. A similar increase in the number of myelocytes during pathologic involution of the human thymus has been reported by Ssyssojew (1923). However, no quantitative data on the changes in the amount of myelocytes during the process of involution are available. Therefore, the author made a quantitative study to be described below.

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MATERIAL AND METHOD

Young healthy rabbits weighing 1.0 to 1.8kg, whose thymus is well developed without showing any indication of involution, were used. In order to induce a rapid involution of the thymus, an alarming dose of formalin was injected according to the method of Selye (1937). Namely, 0.8 to 1.1ml of 35% formaldehyde per kilogramme body weight was injected subcutaneously into the back of each animal 4 times at intervals of 12 hours. From 6 hours to 28 days after the last injection of formalin, the animals were killed serially, and the thymus, mesenteric and popliteal lymph nodes, Peyer's patches of small intestine, bone marrow, spleen and liver were fixed in Zenker-formol, embedded in paraffin and sectioned at 6μ . The sections were stained routinely with hematoxylin and eosin or eucin-azur II.

Differential counts of the thymic myelocytes were made in sections from different parts of the thymus. Since the myelocytes appeared almost exclusively in the parenchyma, the counts were confined to the parenchyma. Accordingly, the numbers of myelocytes listed in Tables I and II represent the values for 1 cm^2 of parenchyma in thymic sections, the septal and fat tissues being excluded.

RESULTS AND DISCUSSION

As seen in Table I, the thymus underwent a marked involution within 72 hours after the last injection of formalin, both its weight and relative area of the parenchyma in sections being reduced to a large extent. The most advanced stage of involution was reached on the 5th to 10th day after the last injection. With the progress of involution, the cellularity of lymphocytes in the parenchyma became scanty through degeneration of these cells, whereas the number of myelocytes per unit area of parenchyma in sections (here termed the concentration of myelocytes*) was considerably increased. During the course of the first 7 to 10 days, these seemed to be a parallelism between the progress of involution and the concentration of myelocytes—the more pronounced the thymic involution, the greater was the concentration of these cells. It should be noticed here that in advanced stages of accidental involution the concentrations of myelocytes were much higher than those observed during age involution.

Regeneration of the thymic parenchyma began to occur on the 7th to 10th day, but it proceeded very slowly so that the thymus was still in an advanced stage of involution up to the 28th day. Coincident with the com-

* The number of myelocytes per unit area of parenchyma in sections will be expressed in brief as "the concentration of myelocytes" in the following.

mencement of regeneration of the thymic parenchyma, the concentration of myelocytes was reduced to the control level.

TABLE I

Changes in the total number of the thymic myelocytes contained in 1 cm² of parenchyma in sections (6 μ), in relation to the weight of thymus and the degree of its involution as well as to the degree of hyperplasia of the bone marrow myelocytes, after 4 injections of 0.8 to 1.1 ml of 35% formadehyde per kilogramme body weight.

Time after the last injection	Rabbit No.	Body weight (kg)	Weight of thymus (g)	Relative area of parenchyma in sections* (%)	Total number of myelocyte per 1 cm ² of parenchyma in sections (6 μ)	Hyperplasia of marrow myelocytes
Control 1 (60 days of age)	Average 3 rabbits	0.83	1.50	no involution	2,440	—
Control 2 (90 days of age)	Average 2 rabbits	1.4	2.50	∅	1,440	—
Control 3 (120 days of age)	Average 2 rabbits	1.7	2.45	∅	1,770	—
Control 4 (150 days of age)	Average 2 rabbits	1.9	3.18	∅	1,710	—
6 hours	No. 18	1.2	1.62	60%	2,940	—
12 ∅	No. 4	1.3	3.07	73	3,220	—
∅ ∅	No. 1	1.0	0.64	69	4,260	—
24 ∅	No. 21	1.2	3.20	66	5,570	—
48 ∅	No. 19	1.4	0.65	59	6,180	—
∅ ∅	No. 12	1.7	1.18	57	8,510	—
72 ∅	No. 22	1.0	0.12	17	5,400	—
5 days	No. 20	1.1	0.30	50	2,440	—
7 ∅	No. 15	1.1	0.30	34	9,160	++
∅ ∅	No. 5	1.6	0.30	42	24,130	+++**
10 ∅	No. 16	1.1	0.20	18	9,660	+++
∅ ∅	No. 9	1.8	0.50	25	1,760	+++
14 ∅	No. 17	1.2	0.14	22	1,800	—
21 ∅	No. 13	1.7	0.40	49	1,300	—
28 ∅	No. 14	1.8	0.35	31	9,200	—

* Percentage of the parenchymal area to the total area of a thymic section. The lower this value, the more pronounced is the thymic involution.

** Designation +++ means a very marked hyperplasia of marrow myelocytes; ++ a somewhat lesser degree.

In the thymus of normal rabbits, as described in the previous paper by Ōmura and Yamasowa (1952), the myelocytes occur almost exclusively in the parenchyma, being either scattered or in small clusters and often in mitosis. They are most numerous in the outer portion of the cortex (Fig. 1). With the advance of involution, they became more closely aggregated in the reduced parenchyma, which is composed of loosely packed lymphocytes among meshes of reticular stroma without distinction of cortex and medulla. In the most advanced stages of involution, the myelocytes often occurred in large clusters intermingled with lymphocytes, so that the picture at these sites

was reminiscent of hypoplastic bone marrow (Figs. 2-3).

TABLE II

Differential counts of the thymic myelocytes contained in cm^2 of parenchyma in sections (6μ) after 4 injections of 0.8 to 1.1 ml of 35% formaldehyde per kilogramme body weight.

Time after the last injection	Rabbit No.	Total number of myelocytes	Differential counts of myelocytes			
			Pro-myelocytes	Eosinophil myelocytes	Pseudoeosinophil myelocytes	Meta-myelocytes
6 hours	No. 18	2,940	290	240	1,040	1,370
12 "	No. 4	3,220	10	240	1,000	1,970
" "	No. 1	4,260	260	320	1,220	2,460
24 "	No. 21	5,570	260	250	1,830	3,230
48 "	No. 19	6,180	130	310	2,430	3,310
" "	No. 12	8,510	830	470	4,530	2,680
72 "	No. 22	5,400	330	260	1,790	3,020
5 days	No. 20	2,440	210	240	680	1,310
7 "	No. 15	9,160	290	280	2,730	5,860
" "	No. 5	24,130	880	690	10,380	12,180
10 "	No. 16	9,660	280	270	3,640	5,470
" "	No. 9	1,760	20	170	850	720
14 "	No. 17	1,800	30	190	320	1,260
21 "	No. 13	1,300	20	130	510	640
28 "	No. 14	9,200	210	270	4,530	4,190

The myelocytes of the thymus in an advanced stage of involution were of the same character as those of the normal thymus, and the large majority of them were of the type similar to those of the bone marrow. They were often in mitosis, and all stages of the maturation process from the promyelocytes to the metamyelocytes and eventually into the polymorphonuclears could be followed (see Table II). Therefore, there is no doubt that the thymus in an advanced stage of involution also participates in granulocytopenesis.

From these findings it is conceivable that with the progress of involution the granulocytopenic activity of the thymus is raised to a considerable extent. However, a high concentration of thymic myelocytes does not necessarily imply an increase in the total amount of these cells per thymus, because in such instance the reduction in the mass of thymic parenchyma takes place to a greater extent. Calculations from the data presented in Table I revealed no increase in the total number of myelocytes per thymus in any instances. This implies that a high concentration of myelocytes of the thymus in an advanced stage of involution is a result of condensation of these cell in the reduced parenchyma. It may be concluded, therefore, that the granulocytopenic activity of the thymus as a whole does not increase during its accidental involution.

Nevertheless, it is certain that so far as local granulocytopenesis in the

thymic parenchyma is concerned, its activity is increased during the process of accidental involution. Here, it is to be noticed that a close relationship is to be seen between the degenerative and regenerative processes of the thymic lymphocytes on the one hand and the activity of local granulocytopoiesis in the thymus on the other. As already stated, degeneration of the thymic lymphocytes occurred up to the 7th day, but thereafter it subsided. Simultaneously, regeneration of these cells began to occur and proceeded very slowly. The concentration of myelocytes in the parenchyma, on the other hand, was considerably increased during the first 7 to 10 days, but later it was reduced to the control level coincident with the commencement of regeneration of the thymic lymphocytes. The activity of local granulocytopoiesis in the thymus, therefore, seems to be raised by the factors which produce dissolution of the thymic lymphocytes.

In connection with this, it is of interest to note that the rise in granulocytopoietic activity of the thymus during its accidental involution was accompanied by marked hyperplasia of the myelocytes of bone marrow (see Table I). This implies that an alarming dose of formalin may enhance granulocytopoiesis not only in the thymus but also in the bone marrow.

Dissolution of the lymphocytes of the mesenteric and popliteal lymph nodes and Peyer's patches of small intestine was also produced, though to a lesser extent, by the injections of formalin. However, either in these nodes and Peyer's patches or in the spleen and liver, no foci of myelocytes occurred throughout the experimental period. Likewise, there was no indication of extramedullary erythropoiesis either in the thymus or in any other organs.

Lastly, the writer wishes to describe briefly an interesting finding that in Rabbit No. 5 killed 7 days after the last injection of formalin, a small lymph node incorporated with the thymus was met with. Close examination, however, revealed a thin layer of connective tissue between the two. In this respect this lymph node differs from a similar one which was reported by Togari and Tanabashi (1949) to be completely fused with the thymus without interposing connective tissue. The lymph node observed here was in an advanced stage of involution as was the thymus, but still retained features characteristic of lymph node, having a secondary nodule with a germinal center as well as cortical and medullary sinuses (see Fig. 4). In addition, post-capillary veins with characteristic endothelial cells were found in the outer portion corresponding to the cortex. It is worthy of notice that in this node there were no myelocytes anywhere; instead, many macrophages containing erythrocytes and hemosiderin granules were seen in the portions corresponding to the medullary cords.

SUMMARY

In young rabbits, a quantitative study was made of the changes in the amount of myelocytes in the thymus during its accidental involution. As an agent to induce accidental involution of the thymus an alarming dose of formalin was used.

It was observed that with the progress of thymic involution, the cellularity of lymphocytes in the parenchyma became scanty, whereas the number of myelocytes per unit area of parenchyma in sections (here termed the concentration of myelocytes) was considerably increased, so that not infrequently the histological picture of the thymic parenchyma was reminiscent of hypoplastic bone marrow. Even in such instances, however, the total amount of myelocytes per thymus did not increase, because the reduction in the mass of thymic parenchyma took place to a greater extent. This implies that a high concentration of myelocytes of the thymus in an advanced stage of involution is a result of condensation of these cells in the reduced parenchyma.

The concentration of myelocytes in the parenchyma was reduced to the normal level coincident with the commencement of regeneration of the thymic lymphocytes.

Either in other lymphoid organs or in the liver and spleen, there appeared no foci of myelocytes throughout the experimental period.

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EXPLANATION OF PLATE

All of the microphotographs were taken from preparations, fixed in Zenker-formol and stained with hematoxylin and eosin.

1. Section through the thymus from Rabbit No. 2, illustrating a number of myelocytes in the outer portion of the cortex. Six hours after the last injection of formalin. This thymus showed an almost normal picture with a slight degree of involution. $\times 1000$.

2. Section through the thymus from Rabbit No. 5. This thymus was in the most advanced stage of involution and the myelocytes were most numerous (see Table I). Seven days after the last injection of formalin. Many large round cells represent myelocytes. $\times 400$.

3. Higher magnification of a field from the same section shown in figure 2. Large round cells containing granules represent myelocytes. $\times 1000$.

4. Section through a small lymph node incorporated with the thymus in Rabbit No. 5, showing a secondary nodule with a germinal center. The capsular tissue of this node on the right side is continuous to the septal tissue of the thymus. $\times 80$.

