Tympanoplasty

-A Sack Graft Technic-

Nobuhiro MITANI, M.D. and Muneaki TANAKA, M.D.

Department of Otolaryngology, Yamaguchi University School of Medicine, Ube, Japan

Perforations of the tympanic membrane, usually associated with hearing loss and intermittent otorrhea, afflict the patients for a long period. Various problems on closing defective eardrum are remained as old as otology, and have always been and still are a challenge to the otologists.

There are several procedures (modification) to close the perforations of the tympanic membrane reported $already^{(1)-(20)}$. Each procedure has an advantage and disadvantage, yet.

We have performed tympanoplasty, mainly on myringoplasty, using the skin of the external auditory canal as so called "Sack-form graft with Pedicle", obtaining the favorable results.

The purposes of this paper are to mention the technique of tympanoplasty We used and to report the follow up results of 52 cases operated in a 2 year period.

CASE MATERIAL

The date of all patients underwent tympanoplasty with pedicled sack-form skin graft at the Department of Otolaryngology Yamaguchi University Hospital in a 2 year period ending April in 1975 were listed in Table I to Table IV.

The causes of the eardrum perforations were due to chronic middle ear infection in 49 cases and remaining 3 were due to traumatic eardrum perforations. The age distribution of the patients in this paper ranged from 10 years old to 58 years old.

TECHNIQUE OF SURGERY

All operations were done with the postaural approach to gain an adequate operation field under general anesthesia. Operation technique consists as follows:

1) An incision is made along the postaural fold from the upper attachment of the auricle to the tip of the mastoid process, as usual way, and the cortex of the mastoid process is exposed.

2) The self-retaining retractor is laid in place, and the skin of the external ear canal is circularly incised at the bony and caltilaginous junction of the ear canal, remaining only a few milimeter for the vascular bed as a pedicle.

3) The skin of the external ear canal and the remains of the eardrum with annulus are separated from the bony canal wall and malleus. During this procedure, the anterior part of the annulus can be seen usually enough without extensive removal of the anterior wall of the ear canal. The anterior canal wall bulge is removed with a diamond burr to facilitate exposure, if needed. In this occasion, the auditory canal is enlarged at the posterior wall with a small cutting burr thereafter to check the ossicular joints and their condition.

4) On the next special step, the free margin of the defective tympanic membrane and annulus is removed through the separated canal tube and the perforated margin is approximated and sutured with NO. 5 silk threads, which is ordinally used for corneal suture. If needed, the margin of the perforation is trimmed to obtain the refreshed end for suturing. After this suturing, the reversed graft is turned back properly to the side of middle ear, forming as "Sack-form canal graft with pedicle" and it is re-attached on the head of malleus. Consequently, the knots of the threads are seen through the proper external auditory canal. The first circular incision wound of the external ear canal skin is remained open for relaxing incision to help the adequete approximation of the newly



Fig. 1. Incision line at the skin of external auditory meatus



Fig. 2. Procedure of suturing the perforated tympanic membrane

made tympanic membrane to the annulus and the head of malleus. After the comletion of tympanoplasty, the external ear canal is filled with Achromycin-soaked cotton pledgets. The postaural incision is sutured primarily and the operation is finished.

The cotton pledgets packed in the external ear canal are usually removed on the eighth postoperative day. The schemas of the surgical technique above mentioned are shown in Fig. 1 and Fig. 2.

The patients are then seen and any dry crusts present are removed from the ear canal. Postoperatively, a broad-spectrum antibiotic is prescribed for a week period. Tubal inflation is done after removal of all cotton pledgets.

RESULTS

Details of the records of 52 eardrums perforation in 44 patients performed on tympanoplasty by "Sack-form graft with pedicle" are listed in Table 1 to Table 4. The types of tympanoplasty in 52 cases consists of Type I; 42 cases, Type II; 8 cases and Type III; 2 cases, respectively. The mucosa of the meso- and hypo-tympanum was untouched during surgery in 30 cases and the mucosa was removed as completely as possible in 22 cases.

Re-perforation of the tympanic membrane occured in 4 cases (Case NO. 8, 11, 13 & 36). Clinical judgement of postoperative hearing was decided by comparison between the pre- and postoperative air conduction hearing level. Criteria applied here consists of "Better", "Worse" and "Unchanged". "Better" means more than 10 dB gain of the averaged postoperative hearing level compaired with the preoperative hearing level. "Worse" means more than 10 dB aggravation of postoperative hearing level compaired with the preoperative hearing level. "Unchanged" means that the change in hearing acuity between pre- and postoperative hearing stayed within 10 dB. Averaged hearing was gained with the

Case No.		Eardrum Findings	Operation Metho	Management of Tympanic mucosa		ram(dB) Post-op.	Clinical Judgement of Postoperative Condition
1	21 F	\bigcirc	W-∐ antrum ;pe	ned removed	43	34	unchanged
2	22 F	Ö	W-I atticotomy	preserved	35	25	better
3		\bigcirc	W-I		44	22	11
4	14F	\odot	W-I	"	46	32	11
5	40 F	\bigcirc	W-I ossicular reconstruct	ion removed	60	45	//
6	24M	I	W-I ″	preserved	52	24	11
7	24M	Ì	W-I	removed	36	34	unchanged
8	12F	Õ	W-I atticotomy	preserved	20	25	11 .
9	35 F	0	W−I	removed	72	56	better
10	· .	\bigcirc	11	"	50	50	unchanged
11	16M	\bigcirc	W-I atticotomy	preserved	12	?	worse
12	36M	\bigcirc	W- ∭ antrotomy	removed	82	90	unchnged
13	22M	0	W-I	11	15	?	worse

Table. 2.

		Eardrum	Operation	n Method	Management of Tympanic			Clinical judgement of Postoperative
No.	Sex	Fingings			mucosa	Pre-op.	Post-op.	condition
14	14M	\bigcirc	W-I		preserved	13	13	unchanged
15		0	4		removed	7	10	"
16	45M	6	11		"	. 55	40	better
17	45 F	\bigcirc	11		preserved	44	40	unchanged
18	20M	\bigcirc	11		removed	15	36	worth
19	31F	6	11		preserved	42	15	better
20	42M	\bigcirc	11		removed	19	15	unchanged
21	23 F	6	11		preserved	25	28	11
22	32F	\bigcirc	// (ossid reco	cular nstruction)	11	42	12	better
23	24M	6	11		"	19	10	unchanged
24	17 F -		11		11	25	22	11
25	22F	\bigcirc	W−∥		removed	41	41	11
26	37F	\bigcirc	W-I		preserved	32	24	//

Case	Age &	Eardrum	One	ration Method	Management of Tympanic	Audiog	ram(dB)	Clinical Judgement of Postoperative	
No.	Sex	Findings			mucosa	Pre-op. Post-op.		Condition	
27	21F	\bigcirc	w-I		preserved	48	37	better	
28	21 F	0	"		11	40	30	unchanged	
29	41M		W − I	ossioular reic-constructn	removed	40	25	better	
30.	42F	\bigcirc	11		U,	38	54	worse	
31	12M	6	W-I		"	26	28	unchanged	
32		\bigcirc	4		"	15	18	"	
33	20M	\bigcirc	.//		preserved	29	25	<i>4</i> .	
34		6)	11		"	26	30	11	
35	31M	\bigcirc	11		1997 <i>II</i>	16	25	11	
36	32M	\bigcirc	W−∬		"	31	24	11	
37	31M	0	11		removed	80	95	worse	
38	10M	\bigcirc	W– I		preserved	15	5	better	
39	37M	\bigcirc	"		removed	7	10	unchanged	

Table. 3.

Table. 4.

	Table. 4.									
Case No.	Age & Sex	Eardrum Findings	Operation Method	Management of Tympanic mucosa			Clinical Judgement of Postoperative Condition			
40	33M	6	W-I	preserved	25	19	unchanged			
41	, in the	6	W-M	"	80	50	better			
42	25M	\bigcirc	W-I	4	33	18	11			
43	34M	0	"	"	41	32	unchanged			
44	35M	\bigcirc	11	removed	45	18	better			
45		\bigcirc	4	preserved	36	25	"			
46	30M	\bigcirc	11	<i>‼</i>	35	20	11			
47	11M	\bigcirc	/ (mastoidectomy)	removed	40	20	4			
48	34F	0	∥ (antrotomy)	preserved	30	30	unchanged			
49		0	11	"	13	18	11			
50	58M	6	11	11	20	18	11			
51	25M	Q	11	removed	20	35	worse			
52	28M	\mathcal{O}	// (antrotomy)	11	20	17	unchanged			

Nobuhiro MITANI and Muneaki TANAKA

Management of tympanic mucosa	Preserved	Removed	Total
Results	· · · · · · · · · · · · · · · · · · ·		
Better	12	6	18
Unchanged	17	. 11	28
Worse	1	5	6
Total	30	22	52

Table. 5.Results of hearing test (1)Comparison between pre- and post-operative hearing level

Table. 6.Results of hearing test (2)

Comparison between pre- and Post-operative hearing level

Management of tympanic mucosa	Preserved	Removed	Total	
Results	• 			
Better	27	12	39.	
Unchanged	2	5	7	
Worse	1	5	6	
Total	30	22	52	

devision by 4 at the hearing level of 500 Hz, 1 kHz and 2 kHz.

Under the criteria above mentioned, clinical judgement of hearing test was evaluated in Table 5. Of the 52 cases, 18 cases (38%) gained the satisfactory results ("Better"). No significant difference between the tympanic mucosa preserved group and the tympanic mucosa removed group. According the another criteria used by others ^{(3) (4)} i. e. when the standard of "Better or Success" is defined as less than 30 dB postoperative air conduction hearing level, success rate was 39/52 (75%). In this case, tympanic mucosa preserved group showed a remarkable satisfactory result (Table 6).

DISCUSSION

Tympanoplasty is originally proposed as operation to repair a perforation of the tympanic membrane and to yield the ear free from discharge.

Before doing a tympanoplasty, the ear should be dry and the middle ear mucosa must be seemingly normal to the naked eye. If the ear infection is not subsided before operation, much efforts are needed to gain the dry tympanic cavity.

Reviewing the literature concerning the material of graft, there were many kind of materials used. Mesodermal tissues such as fascia of the temporal muscle⁵⁾⁻⁸⁾, perichondrium of the auricle⁹⁾, vein graft¹⁰⁾ and caltilage¹¹⁾ have been used for closing of defective eardrum. Furthermore, in Europe and in America, recently some of surgeons have using "preserved homologous graft" such as perichondrium of the nasal septum¹²⁾, heart valves¹³⁾, corneal graft¹⁴⁾ and dural graft¹⁵⁾; some of those graft were obtained from the cadaver.

The weakness of using free graft for closing of eardrum perforation is seemingly the lack of an adequet vascularization for the graft, which will cause a re-perforation quite oftenly.

To prevent the re-perforation due to the lack of adequate vascularization, the author designed to apply the pedicled sack form skin graft from the external ear canal for accomplishing the tympanoplasty.

W. F. House and J. L. Sheehy¹⁶⁾ emphasized in their canal wall skin technique that a satisfactory tympanic membrane perforation closure should be a 3-layer closure. If the closure consists of only a thin 2-layer external and middle ear epithelium, it is easily ruptured even by blowing the nose and, if large, is often too thin to vibrate well. Therefore, any technique used to close the tympanic membrane perforation should accomplish the redevelopment of a vascularized middle fibrous layer as well as the external and middle ear epithelium.

Further, Plester¹⁷⁾ encourages the auther from his over 1000 experiences of myringoplasty and tympanoplasty that the meatal skin is the most usueful material for closure of the eardrum perforation.

Goto¹⁸⁾ reported the free (non-pedicled) sack form skin graft with meatal skin as some similar operation method. But his method will be inferior to the author's method on the view-point of vascularization in the graft. The delayed vascularization will mean that healing will be in behind.

The follow-up results of postoperative hearing gain in this paper showed the similar findings in the results reported by others^{3),4)}. In only 4 cases (Case No. 8, 11, 13 & 36) of 52 cases presented in this paper re-perforation occurred. In three of them (Case No. 8, 11 & 13), cholesteatoma epithelium at the attic was observed. These findings suggested that the cause of re-perforation is probably due to incompletion of the surgical management of the attic and is probably not due to inclusive cholesteatoma formation. For the management of tympanic mucosa, Wullstein¹⁹⁾ stressed the every efforts should be made to preserve the mucosa.

Auther compared the results of post-tympanoplasty findings between the cases with "preserved mucosa in the tympanic cavity" (mucosa preserved group) and the cases with "removed mucosa as complete as possible" (mucosa removed group).

As the results, mucosa preserved group showed better results than the removed group. Morimitsu⁴) and Tanaka²⁰ also agreed with the opinion that the mucosa preserved group presented a better results.

SUMMARY

A technique of tympanoplasty with "Sack-form skin graft with pedicle", which the auther newly designed and performed, was introduced and the results of 52 cases performed with this method were presented.

Success rate in hearing gain was 75%. Only 4 cases in this series showed occurrence of re-perforation of the repaired tympanic membrane.

Indication of this operation method will be in the case indicated for so-called Wullstein's type I tympanoplasty (myringoplasty).

The tympanic mucosa should be preserved as possivle, in general.

Under more restrictive indication, this method is very promising method in tympanoplasty.

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Tympanoplasty

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